Tired of Mr. Sanchez's hackneyed jokes?

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If something is hackneyed it is repeated so often that mortals are tired of it: that it is no longer interesting and it is boring. Something that is hackneyed is always overused (usado en exceso). Perhaps in Spanish a similar word would be "trillado" or "gastado".

Contemplate thes examples:

- Mr. Sanchez, the Spanish Prime Minister, always has a hackneyed analysis (...análisis trillado...) of Spain's problems and this is boring the people.
- Mr. Starmer, the Leader of the Labour Party in England, always tells jokes that are so hackneyed (...bromas que son tan trilladas).
- The plot of Mr. Macron's new book is just a hackneyed version (una versión trillada) of his previous novel.

The lessons: a new word - perhaps - and avoid using hackneyed phrases.