

Caught between a rock and a hard place

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Caught between a rock and a hard place» (Estar entre la espada y la pared).

This English expression describes being in a difficult situation with limited choices, much like being stuck between two unforgiving obstacles. In Spanish, you'd say «Estar entre la espada y la pared» to convey the same feeling. So, when facing a tough decision, you can use this idiom to express the challenge you're up against!

Have you ever found yourself «caught between a rock and a hard place»? Share your experiences in the comments below!

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