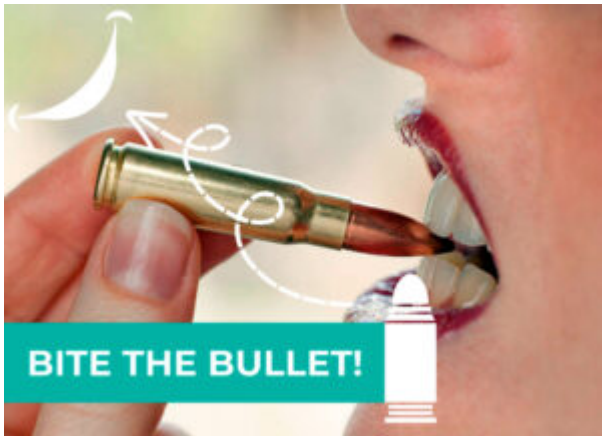


# BITE THE BULLET!

17 de julio de 2023



Similar to «enfrentarse al toro!» which literally means to confront the bull.

The idiom, bite the bullet, means to face a difficult task or unpleasant situation with bravery or determination.

It originates from patients on the battlefield 'biting on a bullet' during surgery before anaesthetic was available. Ouch!

Here are some examples:

- If I want to go holiday, I will have to bite the bullet and get on the plane!
- I hate going to the dentist, but I suppose I'll just have to bite the bullet.
- He decided to bite the bullet and take maths lessons even though he knew they were difficult.