

Are you a fretter?

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Perhaps? (¿Quizas?) Sometimes?

A mortal that “frets” is in a state of anxiety (estado de ansiedad), who looks visibly anxious (visiblemente ansioso). Another similar word (verb) in Spanish would be “preocuparse”.

Some examples.

Do not fret (no te preocupes): your operation (su intervención quirúrgica) will go well.

There is no need to fret (no hay necesidad de preocuparse).

Do not fret - I will find a solution (encontraré una solución).

There is another use: a fret (un traste). Guitars have frets, and violins do not have frets.

So, are you sometimes a fretter (a person that has states of anxiety)?

Perhaps you sometimes fret when you play the violin, because the violin that has no frets - playing the guitar is easier.